

The Irvine Adult School presents



Active Parenting Now

Positive Parenting for Children Ages 2 to 12

Being a parent today often seems more difficult than ever before. Kids and families face social and emotional pressures far different from those in the past. Positive parenting skills and healthy family communication are more important than ever. This class is a really great way to do good things for your family and get the skills we all need to raise strong children. **If you have children from 2 to 12 years of age**, give yourself the gift of this award-winning, **7 week** skills workshop. You will gain confidence in your role as a parent, improve relationships, problem-solve challenges and help your kids succeed in school and in life. Don't miss this great opportunity.

**Teach crucial life skills • Use effective alternatives to punishment
Eliminate power struggles • Increase positive communication
Help kids develop responsibility, self-discipline and resiliency.
*Led by Cheri Wood, certified Active Parenting Trainer***

**Tuesday EVENINGS – 7:00 to 9:00
Starts April 28, 2009**

***Meets at New Creekside Education Center – 3387 Barranca Pkwy – Room N21
Led by Cheri Wood, IUSD Guidance Resources, Certified AP Trainer***

TO REGISTER: Go to www.irvineadultschool.com or call IAS at 949-936-7457
REGISTRATION FEE: \$35 per person for 7 weeks - \$45 per couple

