



Irvine Unified School District

October 2010

Elementary

Lunch Menu



Students can select one entrée, milk and two items from the fruit and/or vegetable group.

Lunch Price \$3.25
Adult Lunch \$4.75
A la Carte Milk \$.50

New for October: FARM2SCHOOL PROGRAM

Locally grown and Organic: Last Chance Peaches, Fuji Apples and Arkansas Black Apples & **Locally grown:** Valencia oranges, plums and grapes.



Monday	Tuesday	Wednesday	Thursday	Friday
4 Mini Beef Ravioli Pizza Bagel^ Chicken Quesadilla Daily Variety of Sandwiches Baby Carrots Variety Fresh Fruit Pizza: Northwood & Oak Creek	5 Cheeseburger Twins Cinnamon Toast with Cheese stick^ Mac N Cheese^ Daily Variety of Sandwiches Side Salad Variety Fresh Fruit Pizza: Stone Creek & University Park	6 Chicken O's Grilled Cheese^ Corn Dog (chicken) Daily Variety of Sandwiches Corn of the Cobb Variety Fresh Fruit Pizza: Santiago Hills & Turtle Rock	7 Spaghetti w/ Meat Sauce Cheese Pizza Strip^ Egg Roll (chicken) Daily Variety of Sandwiches Side Salad Variety Fresh Fruit Chocolate Chip Cookie Pizza: Brywood & Canyon View	8 Chicken Patty (Whole Grain Bun) Bean and Cheese Burrito^ Green Chili Taco Twins (beef) Daily Variety of Sandwiches Veggie Pasta Salad Variety Fresh Fruit Pizza: Stonegate & Culverdale
11 Baked Chicken Pizza Bagel^ Hamburger Daily Variety of Sandwiches Baby Carrots Variety Fresh Fruit Animal Snackers Pizza: Meadow Park	12 Turkey Sub Sandwich Mac N Cheese^ Waffle and Turkey Sausage Daily Variety of Sandwiches Side Salad Variety Fresh Fruit Pizza: Springbrook	13 Chicken Alfredo Pasta Grilled Cheese^ Pepperoni Pizza* (pork) Daily Variety of Sandwiches Corn of the Cobb Variety Fresh Fruit Pizza: Deerfield and Eastshore	14 Beef Teriyaki Rice Bowl Cheese Pizza Strip^ Double Dog (chicken) Daily Variety of Sandwiches Side Salad Variety Fresh Fruit Fortune Cookie Pizza: Greentree & College Park	15 Traveling Taco Bean and Cheese Burrito^ Chicken Quesadilla Daily Variety of Sandwiches Cheese & Lettuce Cup Variety Fresh Fruit Pizza: Alderwood & Bonita Canyon

***May contain pork. Menu subject to change without notice. ^vegetarian entrées**

Monday	Tuesday	Wednesday	Thursday	Friday
18 Chicken Nuggets Pizza Bagel^ Beef Taco Stick Daily Variety of Sandwiches Baby Carrots Variety Fresh Fruit	19 Chili Dog* (pork) Mac N Cheese^ Cheeseburger Daily Variety of Sandwiches Side Salad Variety Fresh Fruit	20 Meatloaf w/ Mashed Potatoes Cinnamon Toast with Cheese Stick^ Grilled Cheese^ Daily Variety of Sandwiches Corn of the Cobb Variety Fresh Fruit	21 Chicken Teriyaki Dippers over rice Cheese Pizza Strip^ Taco Snack (beef) Daily Variety of Sandwiches Side Salad Variety Fresh Fruit Fortune Cookies	22 Chicken Alfredo & Pasta Bean and Cheese Burrito^ Chicken Quesadilla Daily Variety of Sandwiches Veggie Pasta Salad Variety Fresh Fruit
Pizza: Brywood & Canyon View	Pizza: Westpark & University Park, Stone Creek	Pizza: Northwood & Oak Creek	Pizza: Santiago Hills & Turtle Rock	Pizza: Stonegate & Culverdale & Vista Verde
25 Baked Chicken Pizza Bagel^ Hamburger Daily Variety of Sandwiches Baby Carrots Variety Fresh Fruit	26 Chicken Nuggets Mac N Cheese^ Taco Snack (beef) Daily Variety of Sandwiches Side Salad Variety Fresh Fruit	27 Chili and Scrabble Cheez-it Grilled Cheese^ Chicken Patty On a Bun Daily Variety of Sandwiches Corn of the Cobb Variety Fresh Fruit	28 Spaghetti w/ Meat Sauce Cheese Pizza Strip^ Turkey Sub Sandwich Daily Variety of Sandwiches Side Salad Variety Fresh Fruit	29 Traveling Taco Bean and Cheese Burrito^ Double Dog (chicken) Daily Variety of Sandwiches Cheese & Lettuce Cup Variety Fresh Fruit Holiday Cookie
Pizza: Plaza Vista & Woodbury	Pizza: Springbrook & Meadow Park	Pizza: Deerfield and Eastshore	Pizza: Greentree & College Park	Pizza: Alderwood & Bonita Canyon

Healthy Trick-or-Treating

Make this Halloween healthy by offering pencils, erasers, stickers or healthier treats.

- Snack size package of popcorn or pretzels
- Rice Krispy Treats
- 100% Juice boxes
- Apple sauce snack packs
- Fruit leather
- Boxes of raisins
- Nuts (check with parents regarding allergies)
- Fruit roll ups
- Granola/breakfast bars

