

**Don't miss this great opportunity – \$20 Parenting Class for Culverdale!
Scholarships Available! Call 949-936-7987 for information.**



Active Parenting Now

Positive Parenting for Children Ages 2 to 12

Being a parent today often seems more difficult than ever before. Kids and families face social and emotional pressures far different from those in the past. Positive parenting skills and healthy family communication are more important than ever. This class is a really great way to do good things for your family and get the skills we all need to raise strong children. **If you have children from 2 to 12 years of age**, give yourself the gift of this award-winning, **6 week** skills workshop. You will gain confidence in your role as a parent, improve relationships, problem-solve challenges and help your kids succeed in school and in life. **Don't miss this great opportunity - the 7 week class is only \$20 for Culverdale families!**

**Teach crucial life skills • Use effective alternatives to punishment
Eliminate power struggles • Increase positive communication
Help kids develop responsibility, self-discipline and resiliency.
*Led by Cheri Wood, certified Active Parenting Trainer***

MONDAY EVENINGS – 7:30 to 9:00

Classes Start November 9, 2009

Class meets at IUSD Guidance Training Center on Woodbridge High campus

**\$20 per person for 7 weeks for ALL Culverdale parents!
Scholarships available by calling the number below.**

CLASS FILLS FAST – SPACE IS LIMITED

To Register, CALL NOW to Susan Holt at 949-936-7987

Funded at Culverdale by a grant from the Early Mental Health Initiative - sorry, no childcare available



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