



Irvine Unified School District Elementary School Menu February

Prices:
Student Lunch \$3.25
Adult Lunch \$4.75
Milk \$.50
100% Juice \$.50
Fruit \$.75

Monday	Tuesday	Wednesday	Thursday	Friday	Nutritional Weekly Analysis
		<p>1</p> <p>Chicken Double Dogs Macaroni and Cheese^V Variety of Sandwiches Carrots Baby Variety of Fruit Fresh</p> <p>Pizza: Oak Creek & Plaza Vista</p>	<p>2</p> <p>Mini Beef Ravioli Galaxy Cheese Pizza^V Variety of Sandwiches Side Salad Variety of Fruit Fresh Fruit Chiller Dinner Roll</p> <p>Pizza: Greentree & Alderwood</p>	<p>3</p> <p>Cheeseburger Twins Grilled Cheese^V Variety of Sandwiches Carrots Baby Variety of Fruit Fresh Canned Fruit Oreo</p> <p>Pizza: Vista Verde</p>	<p>Calories 686 Cholesterol 46 mg Sodium 1425 mg Fiber 6.7 g Iron 4 mg Calcium 560 mg Vitamin A 8870 IU Vitamin C 32 mg Protein 27g Carbohydrate 100g Total Fat 21g</p>
<p>6</p> <p>Beef Teriyaki Dippers Max Sticks^V Variety of Sandwiches Carrots Baby Variety of Fruit Fresh Canned Fruit</p> <p>Pizza: Santiago Hills, Stonegate & Meadow Park</p>	<p>7</p> <p>Chicken Nuggets Cheese Pizza Strip^V Variety of Sandwiches Side Salad Variety of Fruit Fresh Fruit Chiller Scooby Doo Grahams</p> <p>Pizza: Westpark, Bonita Canyon, Deerfield & Northwood</p>	<p>8</p> <p>Spaghetti & Meat Sauce Bean & Cheese Burrito^V Variety of Sandwiches Carrots Baby Variety of Fruit Fresh Fruited Gelatin*</p> <p>Pizza: Turtle Rock, Eastshore, Brywood & Canyon View</p>	<p>9</p> <p>Beef Taco Snack Cheese Tortellini^V Variety of Sandwiches Side Salad Variety of Fruit Fresh</p> <p>Pizza: Culverdale, Stone Creek & College Park</p>	<p>10</p> <p>Chicken Corn Dog Cheese Quesadilla^V Variety of Sandwiches Carrots Baby Variety of Fruit Fresh Canned Fruit</p> <p>Pizza: Vista Verde</p>	<p>Calories 681 Cholesterol 55 mg Sodium 1308 mg Fiber 6 g Iron 3 mg Calcium 518 mg Vitamin A 6903 IU Vitamin C 42 mg Protein 27g Carbohydrate 95g Total Fat 23</p>
<p>13</p> <p style="text-align: center;">Lincoln's Birthday</p>	<p>14</p> <p>Chicken Nugget Hearts Grilled Cheese^V Variety of Sandwiches Side Salad Variety of Fruit Fresh Hershey Kiss</p>	<p>15</p> <p>Cheeseburger Fiesta Burrito^V Variety of Sandwiches Carrots Baby Variety of Fruit Fresh Canned Fruit</p> <p>Pizza: Plaza Vista, Alderwood & Oak Creek</p>	<p>16</p> <p>Chili Hot Dog* Yogurt and Muffin^V Variety of Sandwiches Side Salad Variety of Fruit Fresh Fruit Chiller</p> <p>Pizza: University Park, Springbrook, Woodbury & Greentree</p>	<p>17</p> <p>Waffles & Turkey Sausage Macaroni and Cheese^V Variety of Sandwiches Carrots Baby Variety of Fruit Fresh Canned Fruit LUCKY TRAY DAY!!</p> <p>Pizza: Vista Verde</p>	<p>Calories 650 Cholesterol 55 mg Sodium 1308 mg Fiber 6 g Iron 4 mg Calcium 500 mg Vitamin A 6920 IU Vitamin C 42 mg Protein 28g Carbohydrate 92g Total Fat 20g</p>
<p>20</p> <p style="text-align: center;">President's Day</p>	<p>21</p> <p>All American Burger Cheese Tortellini^V Variety of Sandwiches Side Salad Variety of Fruit Fresh Fruit Chiller Chocolate Chip Cookie</p>	<p>22</p> <p>Chicken Noodle Soup & Cheese Sticks Bean & Cheese Burrito^V Variety of Sandwiches Carrots Baby Variety of Fruit Fresh Canned Fruit</p> <p>Pizza: Santiago Hills, Northwood, Culverdale & Canyon View</p>	<p>23</p> <p>Chicken Corn Dog Galaxy Cheese Pizza^V Variety of Sandwiches Side Salad Variety of Fruit Fresh</p> <p>Pizza: Stone Creek, College Park, Stonegate & Meadow Park</p>	<p>24</p> <p>Spaghetti & Meat Sauce Grilled Cheese^V Variety of Sandwiches Carrots Baby Variety of Fruit Fresh Canned Fruit</p> <p>Pizza: Vista Verde</p>	<p>Calories 669 Cholesterol 54 mg Sodium 1493 mg Fiber 6 g Iron 3.5 mg Calcium 534 mg Vitamin A 6968 IU Vitamin C 33 mg Protein 28g Carbohydrate 94g Total Fat 20g</p>
<p>27</p> <p>Chicken Nuggets Max Sticks^V Variety of Sandwiches Cobbette Variety of Fruit Fresh Canned Fruit</p> <p>Pizza: Westpark, Brywood & Deerfield</p>	<p>28</p> <p>Chicken Teriyaki Bowl Cheese Pizza Strip^V Variety of Sandwiches Side Salad Variety of Fruit Fresh Oreo</p> <p>Pizza: Eastshore, Bonita Canyon & Greentree</p>	<p>29</p> <p>Chicken & Mashed Potatoes Macaroni and Cheese^V Variety of Sandwiches Carrots Baby Variety of Fruit Fresh Canned Fruit</p> <p>Pizza: Plaza Vista, Turtle Rock & Alderwood</p>	<p style="text-align: center;">Lunch includes: Entrée, Milk, and two sides</p> <p style="text-align: center;">Students must take an entrée and one other lunch item.</p> <p style="text-align: center;">Milk: 1%, NF milk, NF Chocolate, 1% Strawberry Sides include: Fresh Fruit, canned fruit, 100% Juice, cobbette, side salad, carrots, frozen fruit cup, Fruited Gelatin*</p>		<p>Calories 658 Cholesterol 50 mg Sodium 1269 mg Fiber 6 g Iron 3.1 mg Calcium 515 mg Vitamin A 5825 IU Vitamin C 47 mg Protein 30g Carbohydrate 90g Total Fat 22g</p>