



# IUSD NUTRITION SERVICES



## MIDDLE AND HIGH SCHOOL LUNCH COMBO

### MEAL 1

\$ 4.25

Pick-Up Stix  
Sandwich World



### MEAL 2

\$ 3.75

(Choice of 1)

- Burrito - All Flavors
- Homemade Spaghetti or Ravioli
- Chicken Strips, Chicken Nuggets or Chicken Sandwich
- Corn Dog or Hot Dog
- Hamburger or Cheeseburger
- Slice of Pizza (Cheese or Pepperoni)
- Specialty Salads
- Sandwiches (Our own and Sandwich World)
- Yogurt (8 oz.) with Bagel or Muffin

**VEGETERIAN AND VEGAN ENTREES AVAILABLE UPON REQUEST**

### ALL MEALS INCLUDE

(Choice of 2)

- Assorted Fresh Fruit
- Fruit Cup
- Tossed Salad
- Fruit Juice (8 oz.)



### BEVERAGES

(Choice of 1)

Milk 1/2 pt. carton

(Nonfat White or Nonfat Chocolate or Lowfat White Water)



or



with

