

*The Irvine Family Resource Center presents*



# Active Parenting of Teens

*A seven-week video/discussion series with the information and skills you need to parent effectively during the pre-teen and teen years*

Being a parent today seems more difficult than ever before, with kids and families facing social and family issues that are far different than in the past. **Active Parenting of Teens** is a highly acclaimed, award-winning, **7-week video based workshop** for parents and others which will help you gain the knowledge and skills needed to provide positive effective parenting with pre-teens and teens. Join us for this series and learn effective ways to instill courage and self-esteem, deal with negativity, develop responsibility, win cooperation, give consequences, increase positive communication, and deal with challenging topics like values, sexuality, alcohol and other drugs. **If you have children ages 12 or older**, give yourself the gift of this workshop to gain confidence, make sense of your teen's behavior and get real, practical skills to put into practice.

**THURSDAY EVENINGS**

**6:30 pm to 8:30 pm – 7 Weeks**

**Starts January 19, 2012**

*Led by Cheri Wood, IUSD Guidance Resources, Certified AP Trainer*

**TO REGISTER:** Call Susan Holt at 949-936-7502

**LOCATION:** Project Success Training Center – Room N21 –  
Creekside Education Center, corner of Barranca and Harvard

**REGISTRATION FEE:** \$50 per person/\$65 for couples for 7 weeks  
(Some scholarships available)

