

**IRVINE UNIFIED SCHOOL DISTRICT
CATALINA ISLAND MARINE INSTITUTE (CIMI)
OUTDOOR EDUCATION MEDICATION INFORMATION
(Keep until after Outdoor School)**

There are specific procedures that must be followed when administering medications at outdoor school. If your child needs any type of medication, prescription and/or over the counter ***other than*** those listed on the “Student Application and Medical Form”, the attached IUSD request for administration of medication form must be returned to your child's homeroom teacher a full week prior to departure along with the medication in an appropriately labeled container (medication will not be taken from child's school supply). All conditions must be met as outlined on the back of the attached request for administration medication form and the form must have your signature, your child's doctor's signature and stamp. Medication will be checked-in prior to departure on Monday. The following will help streamline this process.

If your child takes medication:

Return the attached IUSD Parent/Guardian and Physician Request for Medication form and the medication one week prior to the Monday we depart. Form must be completely filled out including the doctor's signature and stamp. This form is also located on the Irvine Unified School District's web page at <http://www.iusd.org/health/Medication.htm>

If your child gets sick during outdoor school:

The Marine Institute's EMT staff handles illness with a fever or serious injury. The trauma center at Long Beach Memorial Hospital is 20 minutes away and there is a small emergency room at the hospital in Avalon. Fever may require that you come to the Marine Institute to accompany your child home. Temperatures will be checked on the morning of departure and students with a temperature of 100° or higher will not be allowed to participate.

If your child gets seasick:

Both prescription and over the counter seasick remedies ***other than*** those listed on the “Student Application and Medical Form” require the attached **IUSD medication** form and medication be turned in one week prior to the Monday we depart. We have had great success with seasickness in past years using sea bands. Students who have used sea bands have not experienced any symptoms of seasickness. Sea bands can be purchased at any drugstore, and since they are not medication, a request for medication form is not necessary.