

(REVISED 8/17/11)

Fall, 2011 Calendar of Classes

IUSD School Readiness Program At the Early Childhood Learning Center 1 Smoketree, Irvine, CA 92604

<http://schoolreadiness.iusd.org>

949-936-5870

IUSD School Readiness Program



Empowering Children and Families
for School Success

Program Registration Policies

- **Registration** for classes start at 8:00 a.m. on August 8, 2011 and is required for all classes. Walk-ins will be taken first, then phone calls at (949) 936-5870 ~ Space is limited
 - We accept **cash or checks** for payment. Please make checks payable to IUSD School Readiness Program and drop off OR send payment upon registering to: IUSD School Readiness Program, 1 Smoketree, Irvine, CA 92604.
 - Refund requests will only be honored if you cancel the class 3 weeks prior to the start date of the class. After that, refunds will only be given if your placement in the class can be filled.
 - Siblings are NOT permitted in the classroom, this includes children in strollers.
- **Everyone MUST WEB ENROLL** prior to attending class (*if you live in the IUSD attendance boundaries AND you HAVE NOT web enrolled before*): www.iusd.org / enrollment / on-line data entry process / Enroll Student for Grade: select School Readiness
 - o Enroll student for THIS SCHOOL YEAR 2011-2012
 - o Enroll Student for Grade (drop down list), select School Readiness

PARENTS & CHILDREN LEARNING TOGETHER



Learning Link

The IUSD SRP Learning Link is a **drop-in**, interactive center for **parents and their children ages 0-5**. Activities for all ages designed by a preschool teacher will be available for you and your child to do together.

Our team of professionals will be onsite to answer any questions regarding health and development, parenting, cognitive/academic development and social/emotional development as well as information and referrals to community resources. We look forward to working with you to support healthy, happy children and families.

Session	Time	Day	Date	Fee Irvine Resident/5 wks.	Fee Non-Irvine Resident/5 wks.
1	1:00-3:00pm	Mon.	9/12-12/12 ¹	\$5 per child/class	\$5 per child/class
2	9:30-11:30am	Wed.	9/14-12/14 ²	\$5 per child/class	\$5 per child/class

¹No class 10/10, 10/17

²No class 10/12

Connecting With Others

Do you have a child that struggles with socialization skills? Does your child lack eye contact with others, fail to develop peer relationships in an appropriate manner, or lack spontaneous make-believe play? If so, your child will benefit from this small, interactive, socialization group. This class includes a parent support component led by our *Parent Educator*, run concurrently with the socialization class, taught by our *Early Childhood Education Specialist*. The class size is **limited to six children**. **Please call (949) 936-5863 for pre-screening.**

Instructors: *Parent Educator and Early Childhood Education Specialist*

4 - 5 years old

Session	Time	Day	Date	Fee Irvine Resident/6 wks.	Fee Non-Irvine Resident/6 wks.
1	9:30-10:30am	Wed.	10/19-11/23	\$80	\$90
2	10:30-11:30am	Wed.	10/19-11/23	\$80	\$90



KINDERGARTEN READINESS CLASSES

Get Ready for Kindergarten

Get Ready for Kindergarten is an enrichment program for children designed to support the development of school readiness skills. This is an opportunity for children to be part of a small group and provides a bridge to the transition into kindergarten. Materials, resources and a free 30 minute consultation with our *Parent Educator* will be provided to enable parents to continue to support learning at home. This class is for children under the age of 6 who will be enrolled in a **kindergarten program in either July or September 2012**. This class **meets two times a week for six weeks**. Class size is limited. **A mandatory parent meeting will be held on the first day of each session, for first-time parents only.**

Instructor: *Early Childhood Education Specialist*

Session	Time	Day	Date	Fee Irvine Resident/6 wks.	Fee Non-Irvine Resident/6 wks.
1	1:00-3:00pm	Tues./Thurs.	9/13-10/27 ¹	\$290	\$300
2	1:00-3:00pm	Tues./Thurs.	11/1-12/13 ²	\$290	\$300

¹No Class 10/11, 10/13

²No Class 11/24



KINDERGARTEN READINESS CLASSES

Get Ready for Kindergarten Extended

We have taken our famous Get Ready for Kindergarten and extended it! This year-long program designed for **four-year-old children who will enter kindergarten in 2012-2013** will help prepare your child with pre-literacy, numeracy, art, music, and science skills all in a developmentally appropriate environment. This class is taught by an *Early Childhood Education Specialist* and includes parent education, health and development screenings, and access to our professional staff. Your child will receive all of this in a small, safe environment. Enrollment is limited to **8-10 students**.



Instructor: *Early Childhood Education Specialist*

Session	Time	Day	Date	Fee
1	9:00-11:30am	Mon., Tues. Thurs, Fri.	9/12-12/16, 2011 ¹ 1/9-4/6, 2012 ² 4/16-6/15, 2012 ³	\$4,000 per year*

¹No class 10/10-10/14; 10/17, 11/11, 11/24, 11/25

²No class 1/16, 2/13, 2/20

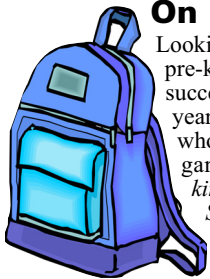
³No class 5/25, 5/28

*\$400 per month for 10 months

*Non-refundable Registration Fee \$100



On My Way to K!



Looking for a developmentally appropriate, academic pre-k class with all of the components necessary for a successful transition to kindergarten? SRP offers a year-long pre-kindergarten class designed for children whose parents have chosen to delay starting kindergarten. The class is taught by a *credentialed kindergarten teacher/Early Childhood Education Specialist* and will include developmentally appropriate academic curriculum designed to meet the needs of each individual learner. In addition to the general pre-k classroom curriculum, OMWTK! will also include: weekly social skills building, Handwriting Without Tears for fine motor development, health and developmental screenings, and six parent trainings throughout the year. Enrollment is limited to **12 students**. Please contact Marla Weingart at (949) 936-5866 or mweingart@iusd.org for a prescreening appointment, for more information.

Instructor: *Credentialed Teacher/Early Childhood Education Specialist*

Session	Time	Day	Date	Fee
1	8:30-11:30am	Mon., Tues., Thurs, Fri..	9/12-12/16, 2011 ¹ 1/9-4/6, 2012 ² 4/16-6/15, 2012 ³	\$5,500 per year*
2	12:15-3:15pm	Mon., Tues., Thurs., Fri.	9/12-12/16, 2011 ¹ 1/9-4/6, 2012 ² 4/16-6/15, 2012 ³	\$5,500 per year*

¹No class 10/10 - 10/14; 10/17, 11/11, 11/24, 11/25
12/16: all classes will be held at the morning time

²No class 1/16, 2/13, 2/20

³No class 5/25, 5/28

*\$550 per month for 10 months

*Non-refundable Registration Fee \$150

PARENT EDUCATION

Soaring to Success / Kindergarten Transition Series



Will your child be attending kindergarten in the summer or fall of 2012? Avoid the spring panic! Sign up now for this workshop to obtain information on essential information regarding school readiness and school success! Pre-registration is required. **Free childcare is available for children 2 and older.**

Fee: **\$30 per class OR \$75 for all three.**

Session 1: Healthy Habits for School Success
Instructor: *School Readiness Nurse*

Session 1	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
	6:30-8:00pm	Mon.	10/24	\$30 OR \$75 for all 3	\$40 OR \$85 for all 3

Session 2: Positive Behavioral Management and Social/Emotional Development
Instructor: *Parent Educator*

Session 2	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
	6:30-8:00pm	Mon.	11/7	\$30 OR \$75 for all 3	\$40 OR \$85 for all 3

Session 3: Kindergarten Readiness, Transition Kindergarten and Kindergarten Skills
Instructors: *Early Learning Specialist and Early Childhood Education Specialist*

Session 3	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
	6:30-8:00pm	Mon.	11/14	\$30 OR \$75 for all 3	\$40 OR \$85 for all 3

Toilet Training... HELP!!



Are you clueless as to how to go about toilet training your child? It makes sense to learn how to do this *before* you need it. Knowing the basic principles will help you understand how to navigate both you and your child through this normal developmental step. Join us to find out how to know when your child is ready, and learn a step-by-step approach. **Free childcare is available for children 2 and older.**

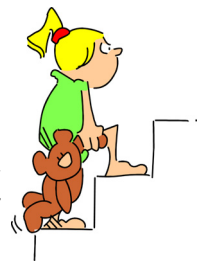
Instructor: *School Readiness Nurse*

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	11:30am-12:30pm	Thurs.	9/15	\$5	\$10
2	11:30am-12:30pm	Thurs.	10/27	\$5	\$10
3	11:30am-12:30pm	Tues.	11/29	\$5	\$10

Bedtime Struggles

Is it difficult to get your child to bed at night? Why is that? Would you like to find a better way? Come to this class to learn helpful strategies to help your child settle down and be ready for bed at bedtime. **Free childcare is available for children 2 and older.**

Instructor: *School Readiness Nurse*



Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	11:30am-12:30pm	Thurs.	8/25	\$5	\$10
2	11:30am-12:30pm	Tues.	9/20	\$5	\$10



PARENT EDUCATION

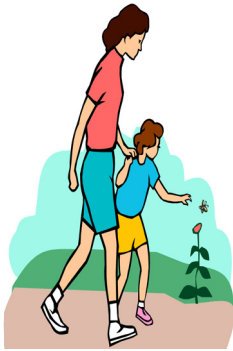
Fast, Healthy Family Dinners

Putting healthy, child friendly dinners on the table can be a source of anxiety for many parents. What will you have? How long will it take to fix? And then what if something happens in your day that throws all your plans off? What do you do then? Running through the take-out window is expensive and not very nutritious. In this class you'll learn that planning ahead doesn't have to be time consuming and painful. Come to class, and go home with some good ideas and recipes. **Free childcare is available for children 2 and older.**



Instructor: School Readiness Nurse

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	11:30am-12:30pm	Tues.	8/30	\$5	\$10
2	11:30am-12:30pm	Tues.	10/18	\$5	\$10



Healthy Habits for School Success

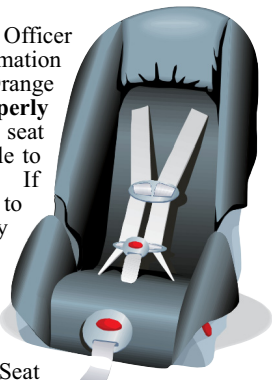
Whether your child has already started Kindergarten in a year-round school or will be starting in September, you need to know about some basic healthy habits for them to have in place to help them be successful every day. How much sleep is enough? Do you wonder if they are eating enough food? And what about the effects of media on your children? Come learn about these topics and others and how to make changes for the better! **Free childcare is available for children 2 and older.**

Instructor: School Readiness Nurse

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	11:30am-12:30pm	Tues.	8/23	\$5	\$10

Car Seat Information

Last Spring, Irvine Police Department Officer Jodi Rahn, visited our site with information about car seat safety. Stuningly, in Orange County, **98% of car seats are improperly installed into cars.** The point of the car seat is to make sure that the child will be able to tolerate an impact with minimal injury. If your child's car seat isn't properly fitted to the car or if he or she is not properly restrained in the seat, then your child is at risk for major injuries. Officer Rahn will be back this fall with information that may save your child's life. We will post the date online, and circulate flyers, so please make sure you stop by the Car Seat Safety table. It will be positioned in the front of school so you can stop by at the beginning and/or end of your child's preschool session. Don't miss this opportunity!



Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
	To Be Announced				

Social Emotional Development: Building Emotional Literacy

We can build our children's social and emotional intelligence by working with them and teaching essential social and emotional skills. This class will support parents in understanding what we mean by social emotional development, as well as developing an appreciation of how important this is to our children's future success in school, in relationships and in life. Information will be provided about effective ways to nurture social and emotional growth in your child. **Free childcare is available for children 2 and older.**



Instructor: Parent Educator

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	8:30-9:30am	Fri.	10/21*	\$20	\$30

*(DATE CHANGE)



Staying Healthy

Winter's coming and it seems that children are always getting colds and bringing them home to the rest of the family. Wouldn't you like to know how to avoid that...or at least keep it to a minimum? Did you know that coughing & sneezing are the least effective methods of transmitting germs that cause colds? Come to class and you'll learn that, and a whole lot more! **Free childcare is available for children 2 and older.**

Instructor: School Readiness Nurse

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	11:30am-12:30pm	Thurs.	11/3	\$5	\$10

Problem Solved!

We'll come to you...preschools, child care groups, playgroups, mom's clubs, MOPS, workplace or just a group of friends getting together...**OR you come to us!** Join a Pediatric Nurse Practitioner, an Early Childhood Education Specialist and a Parent Educator for a casual conversation answering your questions and discussing challenges in raising young children. Topics could include (but are not limited to) parenting, child development, kindergarten readiness, health & development (sleep habits, eating behaviors, toileting, behavior) or just about anything concerning your young children!

Call to set up a date and time for your group.
*Minimum 10 people per group

Fee / 1 day
\$10 per person



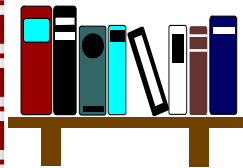


Irvine Unified School District
 School Readiness Program
 5050 Barranca Parkway
 Irvine, CA 92604-4652

Non-Profit Organization
 U.S. Postage
PAID
 Santa Ana, CA 92711
 Permit No. 827

SUPPORT SERVICES

These services are offered to give parents with young children a variety of ways to access critical information needed to provide a healthy environment in which their children can grow and flourish.



Book Lending Library

Looking for information or resources on a particular topic? We have a large library for parents and interactive backpacks for preschoolers. A refundable deposit is required for each item checked out (\$10 for books / \$20 for backpacks).



Consultations and Referrals – from an educator, nurse practitioner and/or parent educator/MFT

We offer *individual consultations* on site or in the home on such topics as: typical newborn behavior, toilet training, nutrition, sleep, discipline, dealing with stress, parenting, school readiness or child development.

Call for an appointment (949) 936-5870

Fee: \$30



Physical Exams

If you have no health insurance for your child, you may be wondering what to do and where to go. You can come to the School Readiness Program. We can determine if your child can enroll in MediCal or Healthy Families and then our Pediatric Nurse Practitioner can do a physical that includes nutritional and developmental assessments, vision & hearing screening, a finger-stick blood test for anemia, a urinalysis, TB test and any required immunizations. Call (949) 936-5861 now for your appointment.

