

(REVISED 12/15/11)

Winter, 2012 Calendar of Classes

IUSD School Readiness Program At the Early Childhood Learning Center 1 Smoketree, Irvine, CA 92604

<http://schoolreadiness.iusd.org> OR www.iusd.org/eclc
949-936-5870

IUSD School Readiness Program



Empowering Children and Families
for School Success

Program Registration Policies

- Registration for programs starts at 8:00 a.m. on Monday, December 5, 2011 and is required for all classes. Walk-ins will be taken first, then phone calls at (949) 936-5870 ~ Space is limited.
- We accept **cash or checks** for payment. Please make checks payable to IUSD School Readiness Program and drop off OR send payment upon registering to: IUSD School Readiness Program, 1 Smoketree, Irvine, CA 92604.
- Refund requests will only be honored if you cancel the class 3 weeks prior to the start date of the class. After that, refunds will only be given if your placement in the class can be filled.
- Siblings are NOT permitted in the classroom, this includes children in strollers.
- After registering for class, everyone **MUST WEB ENROLL** prior to attending class (excludes Learning Link) (if you live in the IUSD attendance boundaries AND you HAVE NOT web enrolled before): www.iusd.org / enrollment / on-line data entry process / Enroll Student for Grade: select School Readiness
 - o Enroll student for THIS SCHOOL YEAR 2011-2012
 - o Enroll Student for Grade (drop down list), select School Readiness
 - o No need to print any paperwork

PARENTS & CHILDREN LEARNING TOGETHER



Learning Link

The IUSD SRP Learning Link is a **drop-in**, interactive center for **parents and their children ages 0-5**. Activities for all ages designed by a preschool teacher will be available for you and your child to do together. Our team of professionals

will be onsite to answer any questions regarding health and development, parenting, cognitive/academic development and social/emotional development as well as information and referrals to community resources. We look forward to working with you to support healthy, happy children and families.

Instructor: Early Childhood Education Specialist

Session	Time	Day	Date	Fee Irvine Resident/5 wks.	Fee Non-Irvine Resident/5 wks.
1	9:30-11:30am	Wed.	1/11-3/21	\$5 per child/class	\$5 per child/class

*No pre-registration OR web enrollment required

Connecting With Others

Do you have a child that struggles with socialization skills? Does your child lack eye contact with others, fail to develop peer relationships in an appropriate manner, or needs support expressing their wants and needs with friends? If so, your child will benefit from this small, interactive, socialization group. This class includes a parent support component led by our Parent Educator, run concurrently with the socialization class, taught by our *Early Childhood Education Specialist*. The class size is **limited to six children**. **Please call (949) 936-5863 for pre-screening.**



Instructors: Parent Educator and Early Childhood Education Specialist

4 - 5 years old

Session	Time	Day	Date	Fee Irvine Resident/6 wks.	Fee Non-Irvine Resident/6 wks.
1	9:30-10:30am	Wed.	2/8-3/14*	\$80	\$90
2	10:30-11:30am	Wed.	2/8-3/14*	\$80	\$90

*Parent meetings are: 2/8, 2/22, 3/7



KINDERGARTEN READINESS CLASSES

Get Ready for Kindergarten

Get Ready for Kindergarten is an enrichment program for children designed to support the development of school readiness skills. This is an opportunity for children to be part of a small group and provides a bridge to the transition into kindergarten. Materials, resources and a free 30 minute consultation with our Parent Educator will be provided to enable parents to continue to support learning at home. This class is for children under the age of 6 who will be enrolled in a kindergarten program in either July or September 2012. This class meets two times a week for six weeks. Class size is limited. A mandatory parent meeting will be held on the first day of each session, for first-time parents only.

Instructor: Early Childhood Education Specialist



Session	Time	Day	Date	Fee Irvine Resident/6 wks.	Fee Non-Irvine Resident/6 wks.
1	1:00-3:00pm	Tues./Thurs.	1/10-2/16	\$290	\$300
2	1:00-3:00pm	Tues./Thurs.	2/28-4/5	\$290	\$300



Get Ready for Kindergarten Extended

We have taken our famous Get Ready for Kindergarten and extended it! This program, designed for **four-year-old children who will enter kindergarten in 2012-2013**, will help prepare your child with pre-literacy, numeracy, art, music, and science skills all in a developmentally appropriate environment. This class is taught by an Early Childhood Education Specialist and includes parent education, health and development screenings, and access to our professional staff. Your child will receive all of this in a small, safe environment. Enrollment is limited to **10 students**.

Instructor: Early Childhood Education Specialist

Session	Time	Day	Date	Fee
1	9:00-11:30am	Mon., Tues., Thurs. Fri.	1/9-4/6, 2012 ¹ 4/16-6/15, 2012 ²	\$2,400 for 6 months*

¹No class 1/16, 2/13, 2/20

²No class 5/25, 5/28

*\$400 per month for 6 months

***Non-refundable** Registration Fee \$100

On My Way to K!

Looking for a developmentally appropriate, academic pre-k class with all of the components necessary for a successful transition to kindergarten? SRP offers a pre-kindergarten class designed for children whose parents have chosen to delay starting kindergarten. The class is taught by a credentialed kindergarten teacher/Early Childhood Education Specialist and will include developmentally appropriate academic curriculum designed to meet the needs of each individual learner. In addition to the general pre-k classroom curriculum, OMWTK! will also include: weekly social skills building, handwriting without tears for fine motor development, health and developmental screenings, and four parent trainings throughout the year. Enrollment is limited to **12 students**. Please contact Marla Weingar at (949) 936-5866 or mweingar@iusd.org for a prescreening appointment or for more information.



Instructor: Credentialed Teacher/Early Childhood Education Specialist

Session	Time	Day	Date	Fee
1	12:15-3:15pm	Mon., Tues., Thurs., Fri.	1/9-4/6, 2012 ¹ 4/16-6/15, 2012 ²	\$3,300 for 6 months*

¹No class 1/16, 2/13, 2/20

²No class 5/25, 5/28

*\$550 per month for 6 months

***Non-refundable** Registration Fee \$150



Welcome to Kindergarten

The City of Irvine and IUSD will host a parent information night to learn about IUSD's kindergarten program and registration information for the **2012-2013 school years**. This is a **parent-only night, first-come, first-served**. For more information contact the City of Irvine at **(949) 724-6638**.

Location	Time	Day	Date	Fee/1 day
Irvine Civic Center 1 Civic Center Plaza	7:00-8:30pm	Wed.	2/8	Free



PARENT EDUCATION



Staying Healthy

Winter's here and it seems that children are always getting colds and bringing them home to the rest of the family. Wouldn't you like to know how to avoid that...or at least keep it to a minimum? Did you know that coughing & sneezing are the least effective methods of transmitting germs that cause colds? Come to class and you'll learn that, and a whole lot more! **Free childcare is available for children 2 and older.**

Instructor: School Readiness Nurse

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	8:45-9:45am	Thurs.	1/12	\$5	\$10
2	12:30-1:30pm	Thurs.	1/12	\$5	\$10

FAST, HEALTHY FAMILY DINNERS

Putting healthy, child friendly dinners on the table can be a source of anxiety for many parents. What will you have? How long will it take to fix? And then what if something happens in your day that throws all your plans off? What do you do then? Running through the take-out window is expensive and not very nutritious. In this class you'll learn that planning ahead doesn't have to be time consuming and painful. Come to class, and go home with some good ideas and recipes.

Instructor: School Readiness Nurse



Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	11:30am-12:30pm	Thurs.	2/2	\$5	\$10



Effective Parenting of Young Children

Join us for an interactive fun filled seven-week parenting series. Learn new skills that will increase your enjoyment and effectiveness as a parent. The principles and methods taught in this class apply to the special challenges of parenting infants, toddlers and preschoolers. A course book will be provided at the first class. Registration also includes a **free** consultation with our parent educator to answer questions and assist with parenting needs specific to your family. The first class will be taught by the School Readiness Nurse, talking about healthy habits with eating and sleeping. **Free childcare is available for children 2 and older.**

Instructors: Parent Educator and School Readiness Nurse

Session	Time	Day	Date	Fee Irvine Resident/7 wks.	Fee Non-Irvine Resident/7 wks.
1	6:30-8:00pm	Thurs.	2/9-3/22	\$126/couple	\$136/couple

BREAK THE CYCLE OF POWER STRUGGLES!

Stop power struggles before they begin. Toilet training, eating and bedtime are times when you and your child can easily get into a power struggle. YOU want your child to go to bed, but maybe your child doesn't want to. What do you do? YOU want your child to eat. Your child isn't hungry. What do you do? YOU are ready for your child to get out of diapers. Is your child ready? What do you do? In this class we'll help you with these difficult subjects, help you understand what's **really** going on and how to deal with it. **Free childcare is available for children 2 years and older.**



Instructor: School Readiness Nurse

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	11:30am-12:30pm	Thurs.	3/8	\$5	\$10

Know Breakfast

Breakfast is, without a doubt, the most important meal of the day. Your child hasn't eaten for about 12 hours and the body needs food/fuel to operate efficiently ~ oh, and to learn! That IS why your child's in school, right? Come to this talk and learn about the benefits of breakfast and how to overcome its obstacles. **Free childcare is available for children 2 and older.**



Instructor: School Readiness Nurse

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	11:30am-12:30pm	Thurs.	3/22	\$5	\$10



Problem Solved!

We'll come to you... preschools, child care groups, playgroups, mom's clubs, MOPS, workplace or just a group of friends getting together... **OR you come to us!** Join a Pediatric Nurse Practitioner, an Early Childhood Education Specialist and a Parent Educator for a casual conversation answering your questions and discussing challenges in raising young children. Topics could include (but are not limited to) parenting, child development, kindergarten readiness, health & development (sleep habits, eating behaviors, toileting, behavior) or just about anything concerning your young children!

Call to set up a date and time for your group.
*Minimum 10 people per group

Fee / 1 day
\$10 per person*

CUIDAR – A Special Parenting Series

UCI & CHOC are collaborating on a series of parenting education classes entitled "CUIDAR for Attention and Learning" that targets preschool children who have problems in the areas of attention and behavior. This 10-week series has a component for both the **parents and the preschool child.** **Please call (949) 824-2462 to register. Space is limited!**

Time	Day	Date	Fee / 10 weeks
6:30-8:30pm	Tues.	1/17-3/20	\$20





Irvine Unified School District
 School Readiness Program
 5050 Barranca Parkway
 Irvine, CA 92604-4652

Non-Profit Organization
 U.S. Postage
PAID
 Santa Ana, CA 92711
 Permit No. 827

SUPPORT SERVICES

These services are offered to give parents with young children a variety of ways to access critical information needed to provide a healthy environment in which their children can grow and flourish.

Consultations and Referrals - from an educator, nurse practitioner and/or parent educator/MFT

We offer *individual consultations* on site or in the home on such topics as: typical newborn behavior, toilet training, nutrition, sleep, discipline, dealing with stress, parenting, school readiness or child development.

Call for an appointment (949) 936-5870

Fee: \$30



Book Lending Library

Looking for information or resources on a particular topic? We have a large library for parents and interactive backpacks for preschoolers. A refundable deposit is required for each item checked out (\$10 for books / \$20 for backpacks).

Physical Exams

If you have no health insurance for your child, you may be wondering what to do and where to go. You can come to the School Readiness Program. We can determine if your child can enroll in MediCal or Healthy Families and then our Pediatric Nurse Practitioner can do a physical that includes nutritional and developmental assessments, vision & hearing screening, a finger-stick blood test for anemia, a urinalysis, TB test and any required immunizations. Call (949) 936-5861 now for your appointment.

