

**DON'T MISS THIS GREAT OPPORTUNITY!**  
**Special discount price for Greentree and Santiago Hills families**



# Active Parenting Now

## Positive Parenting for Children Ages 2 to 12

Being a parent today often seems more difficult than ever before. Kids and families face social and emotional pressures far different from those in the past. Positive parenting skills and healthy family communication are more important than ever. This class is a really great way to do good things for your family and get the skills we all need to raise strong children. **If you have children from 2 to 12 years of age**, give yourself the gift of this award-winning, **7 week** skills workshop. You will gain confidence in your role as a parent, improve relationships, problem-solve challenges and help your kids succeed in school and in life. Great deal - the class is only \$20 for GT and SH parents!

*Teach crucial life skills • Use effective alternatives to punishment  
Eliminate power struggles • Increase positive communication  
Help kids develop responsibility, self-discipline and resiliency.  
Led by Cheri Wood, certified Active Parenting Trainer*

**MONDAY EVENINGS 6:30-8:30 - 7 weeks - starts March 15, 2010**  
*Class meets at Greentree Elementary School*

**TUESDAY MORNINGS 9:30-11:30 - 7 weeks - starts March 16, 2010**  
*Classes meet at Room N25 at Creekside Education Center/Harvard and Barranca*

**Cost \$20 per person for 7 weeks/\$35 per couple**  
**CLASS FILLS FAST – SPACE IS LIMITED**

**To Register, CALL NOW to Susan Holt at 949-936-7502**

*Funded by a grant from the Early Mental Health Initiative – sorry, no childcare available*



Please see letter on next page

February 12, 2010

Dear Greentree Families:

We all know that parenting is a difficult job and most of us could use some support to develop positive parenting skills in these challenging times. Positive parenting helps kids become capable and resilient so they can navigate the challenges of today's world. Positive parenting protects kids from risks and helps them navigate problems that come up. Positive parenting also helps children do better in school as well as with behavior at home. Learning these skills also helps parents to feel more confident, more in charge, and to have more joy on the wonderful journey of raising children.

We are so fortunate this year to be able to offer **to all families**, the award-winning parent education workshop for parents and caregivers of 2 to 12 year olds, ***ACTIVE PARENTING NOW***. The class will be offered for the unbelievable price of \$20 per person for the 7 week program! ***ACTIVE PARENTING NOW*** be offered on Monday evenings from 6:30 to 8:30 starting March 15, 2010 at GREENTREE. A Tuesday morning class will also be offered from 9:30-11:30 starting March 16 (see flyer on other side for details).

Don't miss this opportunity to learn skills to improve communication, develop responsibility, deal with behavior challenges and bring connection and joy to your family. ***ACTIVE PARENTING NOW*** is taught across the country and the class has helped hundreds of IUSD families learn new skills, build on family strengths and connect with each other. Cheri Wood, IUSD's certified Active Parenting instructor, will lead the class. We are so proud of all of our students and families and we enthusiastically invite you to take advantage of this great, low-cost opportunity to become an ACTIVE PARENT.

**SPACE IS LIMITED and you must pre-register! To sign up - call Susan Holt at IUSD Guidance Resources at 949-936-7502. *Active Parenting of Teens* class also available – call for more information. We hope to see you there!**

Sincerely

Tamara Brown, Principal