

Irvine Unified School District

5th Grade Student Health Risk and Protective Behaviors

The California Healthy Kids Survey (CHKS) was administered by the IUSD during Fall, 2007. The California Healthy Kids Survey is a comprehensive youth health and risk behavior data collection system that assesses youth ATOD use, as well as the development of internal and external resilience assets or protective factors. The CHKS is administered biennially in grades 5, 7, 9, and 11. 1011 5th grade students participated in the survey.

Alcohol and Drug Use

- During the past 30 days, 1% of IUSD 5th graders reported that they had a full glass of alcohol compared to 2% statewide.
- During their lifetime, 3% of IUSD 5th graders reported using inhalants, down from 6% in 2005.
- During their lifetime, 0% of 5th graders reported using marijuana, compared to 1% statewide.
- 1% of IUSD 5th graders have ever used cigarettes, compared to 4% of 5th graders statewide
- 68% of 5th graders think that frequent use of alcohol is very harmful compared to 72% of 5th graders statewide.
- 97% of 5th graders think that smoking is bad for a person's health.

Physical Health

57% of 5th graders exercised 5 days a week or more, compared to 60% statewide.

School Safety

Have you been Hit or pushed at school?		How safe do you feel at school? (feels very safe)		Have you ever Seen another kid with a gun or knife at school?	
IUSD	CA	IUSD	CA	IUSD	CA
40%	49%	63%	55%	11%	23%

When compared to Statewide 5th grade students

- ❖ 98% of IUSD 5th graders feel safe at school most/all of the time, compared to 80% statewide.
- ❖ 77% of IUSD 5th graders feel safe outside of school most/all of the time, compared to 64% statewide.
- ❖ 57% of IUSD 5th graders report high external assets at school (caring relationships, high expectations, opportunities for involvement), compared to 54% statewide.

Perceived Harm

- ❖ 97% of 5th grade students view using cigarettes as very bad for a person's health
- ❖ 69% of 5th grade students view using marijuana as very bad for a person's health
- ❖ 68% of 5th grade students view using alcohol as very bad for a person's health.