Why is School so Hard?
Understanding Executive Function Challenges
For parents of children in elementary and middle school

For some students, school seems to be so much harder than it does for others. Many students struggle with a variety of organizational challenges which negatively impact their ability to succeed in school. These students need us to understand and to coach them so they can master school tasks. Join us for a special series that will improve your understanding of these issues and provide you with hands-on strategies that work for kids and families.

Topics Covered Include:
- Getting Organized - Messy Backpack Syndrome
- Homework Hassles and Meltdowns
- Planning and Time Management
- Successful Morning and Nighttime Routines
- Understanding the Causes of School Problems and Finding Constructive Solutions

Led by Dr. Shirin Ansari and Dr. Gregory Koch, Clinical Psychologists, Center for Learning and Behavior

TUESDAY EVENINGS – 6:30-8:00 pm –3 weeks
January 29, February 5 & 12, 2013 (plus extra Problem-Solving Session February 19)

Space is limited, call today
TO SIGN UP PLEASE CALL: Susan Holt at 949-936-7502
$30 per person/ $50 per couple

Class will meet at the Guidance Resources Conference Room (N-21) at Creekside Education Center
3387 Barranca Pkwy (Corner of Barranca and Harvard). Sorry- no childcare is available