

Dear Parents:

If your student plans to participate in athletics during the 2010-2011 school year, or this year's summer programs, please read the following information.

We hope you will participate in the **Musculoskeletal Screenings being held in the Main Gym at UHS this coming Tuesday, June 1, 2010 (5:30pm for girls / 6:30pm for boys)**, as it is a great opportunity for your child to be seen by experts in the field of sports medicine, and is the only fundraiser for our school's athletic training needs. The Musculoskeletal Screening section is part of the IUSD required healthcare provided athletic physical, and is found on the Pre-Participation Exam (PPE) form. The On-Campus screening cost is \$25 (cash or check). You will find additional requirements for your athlete posted below. The PPE/Athletic Consent form must be signed by a parent in order to participate in our On-Campus Musculoskeletal Screening.

You may obtain a PPE/Athletic Consent Form as well as additional Summer camp and sports related information at the following locations:

- University High School front office or Athletic Office/Student Activities Center (SAC)
- University High School Website: Click on Athletics

[www.iusd.org/uhs/athletics](http://www.iusd.org/uhs/athletics)

IUSD Website: For forms ONLY

[http://iusd.org/education\\_services/health\\_services/documents/AthleticParticipationScreeningandConsentForm.pdf](http://iusd.org/education_services/health_services/documents/AthleticParticipationScreeningandConsentForm.pdf)

If you have any questions regarding the Musculoskeletal Screenings, please feel free to contact our head athletic trainer, Caprice Leonard, at 949-936-7791 or [cleonard@iusd.org](mailto:cleonard@iusd.org).

Thanks so much for your support of University High School athletics.

# **UNI SPORTS CLEARANCE INFORMATION 2010 – 2011**

The following must be completed and turned into Health Office prior to the start of Summer Camp or next school year's sport seasons.

## **Front of card:**

- **Athletic Consent Form**
  - Emergency Information
  - Sections 1 – 7
  - Parent and Student Signatures
  - Insurance Confirmation – (All athletes are required to have coverage)  
School Insurance is available if needed thru Myers-Stevens and Toohey (Forms available thru Uni Athletic Office )

## **Back of card:**

### **Pre-Participation Exam (PPE)**

- Section A - Completed by Parent or Guardian
- Section B – Completed by Healthcare Provider
- Section C – Completed by either Healthcare Provider or Uni Musculoskeletal Screening on June 1
  - Screening is offered by a full medical staff, trained specifically in sports and orthopedic medicine.

Please return a COPY of the completed forms to your Coach and the ORIGINAL of the completed forms to the Health Office until June 23, 2010. After June 23, 2010 you can return the ORIGINAL to the Athletic Office in the Student Activity Center behind the gym. You will find an Athletic Window Drop on the left side of the office.

**If you have any questions or concerns please contact us at:**

**Uni Health Office - #949-936-7611 (Until June 23)**

**Uni Athletic Office - #949-936-7784**